



ANNUAL REPORT 2017-18



CONTENTS

From President's desk	3
Special Events	4
Our Reach	5
Education	6-9
Livelihood	10-12
Youth Development	13-15
Healthcare	16-17
Sustainable Development	18-19
Disaster Management	20
Seminar and Workshop	21-22
Financial Statement	23

FROM PRESIDENT'S DESK

'Strength and Growth come only through continuous effort and struggle' ~ Napoleon Hall

Dear Friends,

It feels wonderful to share annual report every year with you all. This shows the contribution and an endless support everyone has showered on us.

Prayatna strongly believes in Gandhian values and so, the organization works on the same principle. This is done by implementing programs on the grounds which not only benefits a particular age group but, it impacts and brings a change in the lives of the entire community.

Prayatna initiated its journey from Bihar and gradually reached out to more and more set of people. This year, we have put our best possible efforts to reach out to more deprived areas in our country. 2017-18 has been a year marked by growth in all aspects for Prayatna, be it impacting beneficiaries or strengthening the programs on ground. The Annual Report 2017-18 will take you through the strengthening journey of Prayatna.

Hope you will find it an interesting read.

Pratik Kumar
President

SPECIAL EVENTS

Celebration of 100th Anniversary of Gandhi Champaran Satyagraha

The Champaran satyagraha of 1917 marks Mahatma Gandhi's first successful application of his method of 'satyagraha' in India. The Champaran Satyagraha changed the dynamics of Indian politics, for the first time, people of India realized the power of non-violence and passive resistance, based on action. The indigo cultivators of Champaran, Bihar were greatly exploited by the planters who were largely European. The cultivators were bound by law to grow indigo on 3/20th (the tinkathia system) of the total area of their land and sell it to the planters at price fixed by the latter. As a result of this system, the poor peasants were greatly distressed and approached Gandhi in order to lead their struggle against the planters. Mahatma Gandhi accepted their request but was banned to enter into the district by district authority orders. In protest, Gandhi offered Satyagraha. As a result of his campaign, an enquiry was conducted into the conditions of the peasants. This went a long way in giving the indigo cultivators relief.



In 2017 the Champaran Satyagraha had its 100th anniversary which was celebrated by the whole nation with a pride. Prayatna also celebrated the victory of truth, honesty and hard work. Prayatna released a book named "Vani" which contains all the valuable teaching by Mahatma Gandhi and his philosophy. The book was inaugurated by the Vice Chancellor, of the LS university.

OUR REACH

During the year our various programmes reached out to 3,215 beneficiaries who include underprivileged children, youth, women and men. Under the major work area following number of people was benefited.

EDUCATION: 1,190 beneficiaries

LIVELIHOOD: 645 beneficiaries

Youth Development: 410 beneficiaries

Health Care: 930 beneficiaries

**SUSTAINABLE DEVELOPMENT: 140
beneficiaries**

Disaster Management:

EDUCATION

Education, the process of teaching, learning and experiencing – is a key element in each one's personality. Education – its source and its process – can be very crucial in our growth and development. Gandhi has synthesized the three important philosophies, Idealism, Naturalism and Pragmatism. He defined education as an *“all-round drawing out of the best in the child and man-body, mind and spirit”*. His education emphasized both the imminent and eminent goals of life. As said by Gandhi, education thus play a very vital role in shaping one's personality and it also directly affects the level of confidence, security and ability one feels in oneself.

Formal and informal education both, are equally crucial to one's development. Formal education essentially depends upon the kind of curriculum uses and the kind of guidance a person goes through the curriculum under. The presence and absence of quality guidance can make all the difference in the impact that the education has on an individual. However, like we are aware, there is a huge chunk of population that doesn't even get to access the most basic education, let alone quality guidance. This absence of education affects a lot of aspects of one's personality and approach to life. Education enables one to be able to access or even identify the opportunities that are around them. Understanding the need of education and quality guidance, Team Prayatna strives at facilitating the several facets of education that are of prime importance in building the children's personalities.

Therefore, Prayatna is organizing various programmes and reaching out to the needy. The various programmes are listed below:

Free Coaching Classes



Learning is the key to success but today in India school education are not enough for one's development as in a class room students are in huge numbers and teachers are not able to focus on each and every child and also our education system lack inclusion. To tackle this situation immediately, Prayatna came up with the concept of free coaching classes.

At Prayatna regional center in Bharwari village, free coaching is being provided to both boys and girls. The coaching is for all the subjects from classes 6th to 10th for 25 days/month, 7am to 10am daily. One batch goes for 6 months and then the next batch

starts. The free coaching classes programme started from 18th august 2011. In this year we provided coaching classes to **60 students**.

School Infrastructure Development

Proper infrastructure is one of the basic requirements to deliver quality and inclusive education. But most of the government schools lack in providing even the basic infrastructural services to student in a way it badly affect the learning environment. Rural government school generally lack in infrastructure. Prayatna took initiative in this issue and helped various government schools to improve their infrastructure. This initiative took place in various villages of Bihar. A part of school having two classrooms and a verandah was in very bad shape. That had been renovated. Two classrooms were repaired and floors were made. Six new windows were fixed and painting of classrooms was done. A library was established in one classroom and supply of electricity was secured in these two rooms. Apart from those



six fans, two bulbs and a water motor pump were provided to this school. For the library we provided 250 books and two bookshelves. This had been done in Middle School, Aganagar. In addition to that we had also established a library in Upgraded Middle School, Muraul. There we also provided 250 books, two bookshelf, four fans, four bulbs, four carpets and a water motor pump. In Middle School, Bharthi Pokhar especially established for children of S.C. community we had provided two fans, two bulbs and two carpets. Similarly we provided three fans and two bulbs in other schools of our working area.

Competition programme for school students

Prayatna organized a series of competitions for school students at different communities. This program was organized to introduce the students, especially girls to the competitive environment and a holistic view of education that comes along with higher education. It was also an attempt to spare the Gandhian philosophy among the young mind of the nation as all the competitions were related to the Gandhian philosophy.



Various competitions and student participated are as follows:

Competitions:	Essaywriting	Debate	Extempore
No of student participated:	40	35	25

A total of **100 students** were benefitted from this program.

Girl Child Education Programme

Another important aspect of being facilitators of education is being promoters of equality and justice. When we see statistical details of demographic distribution of education between genders, one can clearly see how female education lags behind in numbers and sustenance throughout various levels of education. Female education thus becomes a point of interest when we decide to take steps towards providing inclusive and quality education.

Girl child education is important on so many levels. It is significant in the girls' personal development, intellectual stimulation, accessing means of livelihood, better employment, better social status and a stable economic position in their life. Female education is so much more than personal development. In the words of Michelle Obama, *"when girls are educated, their countries become stronger and more prosperous."* For the sake of female development, in the interest of the larger society and as a responsibility being facilitators of education, Team Prayatna has formulated a girl child education program to ensure inclusive quality education. This program helps the girls, especially those who have dropped out, to get back into education. Team Prayatna along with the interns and volunteers together spread awareness and encourage families and parents to educate the girl children of their houses. **110 girls** benefitted from this program.

LIVELIHOOD

NayiUdan

Nayi Udan is Prayatna's new livelihood center in collaboration with Guiding Souls. Guiding Souls is an organization working in the areas of livelihood and entrepreneurial development.

Nayi Udan is a center specially organized to facilitate training programmes which includes trainings on basic Information and Technology, Financial literacy trainings, Retail training, Tele



Communication trainings and Front desk job trainings. Till now one batch with **30 students** have been trained on computer skills, one training have been so far done on financial literacy with total of **25 beneficiary**.

The center was inaugurated on Prof. Medha Somaiya, TISS, Mrs. Charu Kapoor, NIIT Foundation and Mr. Anandan from ILO.

Livelihood Exposure to Children

Prayatna conducts workshops for children giving them inputs on the nature of employment opportunities that exists in the neighborhood. The exercise is relevant in opening up the minds of young children who are not exposed to the possibilities that exist around them and most of them look for government jobs being the only option they can opt for. The organization in past has conducted a workshop for children in Vikal Balika

Girls High School in Vaishali district for girl studying in 9th and 10th grade. About **150 children** benefitted from this workshop. Some of them have considered going for self-employment rather than regular jobs.

Promotion of Traditional Vocations

The organization believes in Gandhian philosophy of sustainability. Prayatna ensures to focus on approaches that make a village self-sufficient in all the ways. One of these methods includes promotion of traditional vocations. Prayatna is working with weavers who continue to produce khadi based materials. In Muzaffarpur district, many households learning or practicing these skills are linked to loans facilitated by Prayatna's efforts and receive inputs on appropriate market linkages. **40 people** were benefitted from this program.

Creating part-time job opportunities for Women

In India, mostly women are housewives so they normally do not get the opportunity to work full-time. Through the organization's Women employment programme, Prayatna helps women to get part time jobs and get engaged into commercial activities. The organization has reached to around **300 women** in Muzaffarpur, Bihar to get part time employment. Some of the vocations are listed below for women and men.

- **Free tailoring and stitching classes-** For the economic upliftment of women and to



provide them with sustainable income, free tailoring and stitching classes are being provided to them. This programme is mainly for the out of school girls and for women belonging to marginalized community. They are provided trainings free of cost and there is one trainer and stitching machines in the center. Training is provided to the girls and

women for 6 months so two batches in a year. In one batch, there are 20 females learning the tailoring of different types. The women can come back to the center anytime in case they face any problem or for refreshing their skills. The classes run for 6 days a week for 3-4 hours. While many women have got trained. These tailoring classes are providing livelihood to many women in the region, they are stitching the family clothes and the nearby community.

- **Knitting** – Knitting classes goes on for the whole Year. It takes place in a batch of 20-25 women. First, they are equipped with the basic knowledge and then the advanced skills are provided. Knitting provides them financial help in village fair and festivals. Women can earn during winter time.

- **Mehndi trainings** – This is a new vocation that Prayatna chose to promote given the recent demand in the number of women who go for this during festivals, marriages etc. The Mehndi programme started in January 2017. Trainers are there with the raw material. The training lasts about a week. So far 25 women have got this training.



- **Cooking classes** – With the sudden demand for new type of food, Prayatna started cooking classes in 2016 for women. Different kind of cooking skills are provided to the women for example – making potato chips, chowmien, momos etc. The women then make them at their home and sell it on the road side or in their own shops.

YOUTH DEVELOPMENT

"There can be no daily democracy without daily citizenship." ~ Ralph Nader (American political activist). As promoters of democratic procedures and rights for everyone, we promote active citizenship as a part of it. Active citizenship refers to the state of vigilance, responsibility and belongingness to one's community, society and the nation. Promoting active citizenship is of paramount importance if one dreams of a healthy nation and an aware mankind. An active involvement and participation of citizens as promoters and critical beings will ensure quality democratic processes and wellbeing of all.

Prayatna is actively involved in Active Citizenship through various programs and activities:

Youth Leadership Training



The development of leadership contributes greatly to the positive development of young people and their communities. Leadership skills, such as goal-setting, problem-solving and sound decision-making, are not just necessary for leaders - these skills are needed for success in today's world. Prayatna organize various training programme to enhance the leadership quality among the youth. **160 people** were benefitted from this

program.

Helping young people develop leadership competencies makes them better able to solve community problems and enhances their civic participation (O'Brien & Kohlmeier, 2003).

Inner Self Development Programme

When we talk about education, one needs to understand that education has a huge scope when we look at it comprehensively. One of the most important elements in the process of education, along with intellectual stimulation is physical activity. It is extremely difficult to sustain intellectual development if it is done in isolation with physical activity i.e. practicing games and sports and other various extra circular activities.

Prayatna is working towards the inner self development of young minds from the age group of 5 to 12 years. This is done through games, songs, Information and communication technology (ICT) in which videos is shown to them.

Sports, music, introduction to various new technologies are also of paramount importance if we aim at complete education and sustenance of its impact. Keeping this in mind, Team Prayatna focuses on promoting sports and various other extra circular activities that are essential to compliment formal theoretical learning.



Prayatna organized Sports Quiz, Football and Kabaddi matches in remote village schools of several communities as well to boost up the interest of the youth in these activities. Sessions, workshops are conducted from time to time in the schools. These workshops are conducted

4 times in this year. The team visited some of the schools and carried out games and other activities in them. Details are as follows:

S. No	Name of the School	Location	Total Participants
1.	Shishu Vidya Vihar	Maniyari, Bihar	700
2.	Rajkiye Prathmik Vidyalaya	Barware, Bihar	33
3.	Rajkiye utkarmitmadha vidyalaya	Mudyali, Bihar	125
4.	Rastriye Utkarmitmadha vidyalaya	Kulesharadeh, Bihar	62

A total of **920 students** were benefited under this programme.

Women Empowerment Programme



Women Empowerment refers to giving women all her rights and opportunities to play meaningful part in the society and letting her excel in all the fields. It means to empower her human, social, political and

economic rights and make her stand in this society on the same dais as male counterparts. India is a country where women have been worshipped as goddesses since ages. However, when it comes to giving them equal rights and freedom the same people neglect its importance and that's because we live in a patriarchal society where people believe that the sole purpose of women is to take care of her Family and kids.

Prayatna strikes to achieve the equality and taking many initiatives to empower women and helping them to fly high. **250 people** were benefitted from this programme.

HEALTH CARE

“To keep the body in good health is a duty, otherwise we shall not be able to keep our mind strong and clear.”- Buddha. Prayatna strives to focus its efforts in the direction of fulfilling this duty. We believe that health is really all the wealth one really needs to be rich and fulfilled in the true sense. If good health is a gift, like Buddha says, Team Prayatna aims at giving this gift to as many people as we can, who are deprived of it.

Thus, Prayatna organized different programs to make primary health obtainable and handy to remote villagers and urban slum dwellers. Following are the various initiatives taken by the team of Prayatna:

Health Education Programme

As aspirant facilitators of quality education, we at Team Prayatna believe that we can never be successful in being that if we isolate health education from our list of things to work on. Health education builds individuals’ knowledge, skills, and positive attitudes about health. Health education teaches about physical, mental, emotional and social health. It motivates students to improve and maintain their health, prevent disease, and reduce risky behaviors. To create a holistic understanding of one’s body and to promote good health, Prayatna has formulated plans at several levels.

Prayatna arranged programme to education about the importance of health, hygiene and sanitation. These educational camps were conducted in Muzaffarpur, Deoghar, Dumka, Ghaziabad and Noida districts. The communities were sensitized about basic preventive measures for common diseases like Cholera, Diarrhea, Malaria, Dengue, Typhoid, Jaundice, Ringworm etc. Total **180 people** participated and they were taught how clean water and sanitation in a hygienic environment is important to prevent these diseases.

Eye Check-Up Camp

Prayatna arranged free eye checkup camps in different communities. In these eye checkup camps, patients were checked for common eye diseases such as Myopia and Hypermetropia. Lenses and drugs were also provided to patients free of cost under this program. **160 men and women** were benefited from this program.



Child and mother immunization Programme

Healthcare programs were conducted in rural areas of Bihar and Jharkhand with special focus on child and mother immunization. The areas covered under this programme were rural areas of Deoghar, Muzaffapur, Lakhisarai and Ghaziabad districts of Jharkhand, Bihar and UP.

With this immunization drive, this year more than **150 mothers** were benefited in remote villages of Jharkhand, Bihar and UP. Our team also communicated the importance of child and mother immunization to villagers, especially women, with the help of women volunteers and lady doctors.

Doctor at Doorstep

Health and hygiene camps were organized in different states of India benefiting a lot of underprivileged people. **260 people** were benefitted from this program. Doctors visited to each and every house of communities and prescribed the medicine accordingly.

Free health checkup camp

Prayatna arranged health checkup camps in Muzaffarpur, Bhagalpur and Lakhisarai districts of Bihar. In this health checkup camp, a total of **180 people** were checked by doctors for common diseases like diabetes, blood pressure, thyroid dysfunction etc. They are also provided free medicines.



SUSTAINABLE DEVELOPMENT

It is our responsibility as the human community that we feed on the environment in such a way that the ones coming after us are able to thrive and prosper equally if not more than us. *"Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs."* — Gro Harlem Brundtland (Ex. Director-General of the World Health Organization). With that in mind, Prayatna believes in promoting sustainable development and lead actions towards ensuring that. When we do that, each step counts and makes a difference; like Jane Goodall (Known for study of chimpanzee, conservation, and animal welfare) says, *"You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make."* We decide to make a difference for the better

Environmental Awareness

Environmental awareness proves important for several reasons; it fosters a sense of connection to the natural world, promotes sustainable development and encourages conservation of irreplaceable natural resources and vulnerable plant and animal species. Environmental awareness programme by Prayatna essentially serves as an educational tool,

helping people understand the economic, aesthetic and biological importance of preserving resources and reducing or eliminating the harmful impacts of man-made alterations. The programme helps people understand the consequences of human activities on various lands and



identifies remedial solutions. **80 people** were benefitted from this program.

Agriculture training for Agronomy

Prayatna arranged training programme on agriculture for agronomy to make farmers aware about Sustainable agriculture practices and also to make them aware about scientific agriculture methods, crop production and management of soil & farm land. The programme was organized in middle school Bharwari, Muzaffarpur Bihar. **60 farmers** attended this programme and were educated about new techniques of farming.

Disaster Management

Flood Relief Camp

Prayatna also provided flood relief camp in 2017 Muzaffarpur, Bihar flood. The situation was very vulnerable with the death of 320 people (approx.). Flood water entered dozens of villages and also Rajawada embankment collapsed. Prayatna provided basic services to mitigate the impact of flood. The team distributed food packages, drinking water and clothes in the flood affected areas.



SEMINAR AND WORKSHOP

Lecture Series by Dr. S.N. Subba Rao

Dr. S.N. Subba Rao, popularly known as Bhaiji, started social work from his student days, before India's Independence. His connection to Mahatma Gandhiji began with wearing khadi and would eventually expand to a life-long association with Gandhiji's legacy.

In 1948, he came in contact with Dr. N.S. Hardikar, a prominent freedom fighter and social activist of the time, in a camp at Chitradurga, near Bengaluru, At Dr.Hardikar's behest; he came to Delhi to work for the All India Congress Sewa Dal in 1951 after earning a degree in law.

He conceived the idea of 'Gandhi Darshan Train', and under his direction, the train travelled successfully all over the country in 1968-69. In 1969, on the invitation of Chairman Dr. RR Diwakar, he joined the Gandhi Peace Foundation as its life member and conducted a chain of youth camps (ShramShibirs) in the Chambal Valley.



Thousands of men and women from all over India took part in these youth camps. In 1970, he established the Mahatma Gandhi Seva Ashram at village Joura in Morena District of Madhya Pradesh to train the youth in self-help and constructive work.



Prayatna organized several lectures by Dr. S.N. Subba Rao to motivate youth to work hard with honesty and achieve their goals. He also helps the youth to give their lives a meaningful direction. Lectures were held in the various centres of

Prayatna.

Seminar on Sustainable Development Goal and Role of Media

Vishwa Yuvak Kendra, New Delhi and Mass Communication Department of L.S.College and Social Research and Development Foundation organized one day seminar on 30th March 2017 at Muzaffarpur.

Organized workshop on “Status of Governmental Elementary Education in Bihar”

On 26 November 2017, workshop was organized in which a paper was presented by Mr. Martin Haus on the subject. Almost 40 people participated in the workshop.



