



PRAYATNA
STRIVING TO EMPOWER



Annual Report 2015-16

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GENESIS

Prayatna is a Non-government organization established in the year 2003 by a group of dedicated social workers and philanthropists. The aim was to improve the life status and uplift the underprivileged communities in the area of Health, Education, Livelihood, Sustainable development and Active Citizenship.

Since beginning, a group of volunteers were formed in nearby villages to persuade the villagers for whom the organization came into existence. Currently, Prayatna has mobilized a large group of people to work for society. Our volunteers grow our strength working continuously for the cause of poverty, illness, illiteracy, pollution and poor development by focusing on women and children.

Vision

Create a society of empowered individuals who realize their full potential in a manner that is sustainable and equitable.

Mission

Prayatna will strive to empower individuals and communities living on the margins so that they are economically and socially endowed, live a life of dignity and contribute meaningfully to the society.

From Secretary's Desk

Dear Friends,

It is my great honor to share with you the Annual Report 2015-16. The year 2015–16 was an important year for Prayatna on many fronts. While keeping the focus on our core work at the grassroots, this year we took initial steps towards transforming Prayatna into an organization having effective presence in different areas of India. This in essence meant re-aligning and constantly evaluating ourselves to improve the work we are doing.



Despite the challenges, Prayatna reached out to a large number of men, women, children and youth this year in the states such as Bihar, Jharkhand, Uttar Pradesh and Delhi. This has been possible with an immense hard work and efforts of the volunteers and the members of Prayatna.

We are glad to showcase our work for the year 2015-16 with everyone. In the coming years, we will work further to increase our reach and impact. Also, we are constantly deepening our efforts in becoming an organization that works widely to promote action for the education of girls and empowerment of women from marginalized communities.

I would like to thank each one of you to putting your efforts to bring positive changes and help Prayatna grow large.

Sincerely,

Prabhat Kumar
Founder & Secretary

EDUCATION

With maximum number of schools, India operates the biggest education system in the world. The literacy rates have increased within the last decade; however, there are huge differences in the quality of education in India.

Education has been a problem in our country even after lots of efforts from government and other organizations. After 70 years of independence; underprivileged children are still unable to avail standard education and struggling to



Volunteer teaching students

find employment of their choice. At Prayatna, we see education as the means of social and economic upliftmentso; we work hard to bring education even to remote villages.

Free Coaching Classes

At Prayatna regional centre in Bharwari village, free coaching was provided to a total of 60 boys and girls. The coaching is for all the subjects from classes 6th to 10th for 25 days per month, 7am to 10am daily. The functioning of coaching classes always starts from one batch which continued for 6 months and then the next batch starts.

Debate Competition

Prayatna organized a debate competition for the school students at Muzaffarpur, Bihar. It was organized with a purpose to orient students especially girls for higher education competitive environment. A total of 80 girls and boys participated and the best performers were also awarded. The reward & recognition encouraged the students to face the challenges of competitive environment while availing higher education or job.

School games and sports programme

It has been forgotten that academic learning and sports education complement each other. They resemble the two sides of the same coin. If Sports education is carried out accompanies with the academic curriculum, the overall personality of the student is increased to quite an extent. The qualities of the leadership, sharing, team spirit and tolerance are learnt from sports.



Sports match

This year, Prayatna organized 3 Sports Quiz, 6 Football and 9 Kabaddi matches in remote village schools of North Bihar to boost up youths. The locations for these programmes were Muzaffarpur and Samastipur districts of North Bihar. These activities stimulated interest of 100 youths and students towards sports.

Girl child education programme

As we say, 'An educated girl is considered as an asset not only for her family but also for the nation. Prayatna counsel and motivates the dropout or non-school going girls and their parents to get back to the school and avail the education.

This time, the programme was organized in 9 villages of Muzaffarpur, Bihar wherein, a total of 98 girls were enrolled again in the school out of which 31 were the non-school going girls. The enrollment process was carried out with the active participation of youth leaders, school principals and communities.



Prayer session with girl children

Teachers' Training

Prayatna promotes quality and equity in education for all without any types of barrier or exclusion such as, gender, family background, ethnicity, poverty and other socio-economic problems. We also believe that every educational system needs improvement to work towards the best results.

This year, a Teachers' training programme was conducted in 2 districts of Bihar that is Vikal Balika Girls High School in Vaishali district and Vatsalya Vidyalaya in Sitamarhi District. The



Teachers training

The training was meant to improve the pedagogical skills of teachers along with the art of teaching and also, new methodologies were introduced to teach different subjects in the classroom. This training was delivered by the experienced members of the organization itself.

This was a big time opportunity for the teachers to become a change factor who promotes dialogue and participation through quality education.

HEALTH CARE

A good health means freedom from illness. Health care not only means medical care but also talks about hygiene and preventive cares. Prayatna strongly believes to alleviate the health conditions of the underprivileged section of the society as they are unable to access with quality healthcare services.

We organize different health care programmes to make primary health services available and accessible to remote villagers and urban slum dwellers. Our health and hygiene camps were organized in different states of India benefiting lives directly are as follows:

Health Education Programme

'Prevention is better than cure.'

Believing in this fact, Prayatna arranged camps to educate people about importance of health, hygiene and sanitation in Muzaffarpur, Deoghar, Dumka, Ghaziabad and Noida districts. The purpose was to aware men and women about basic preventive measures for common diseases such as, Cholera, Diarrhea, Malaria, Dengue, Typhoid, Jaundice, Ringworm etc. The participation of 150 people was witnessed in which they were made aware of the fact that clean water and adequate sanitation under hygienic environment is the important factor to prevent the diseases.

Eye Check-Up Camp

As a part of health care services, Prayatna organized 2-day free eye checkup camp in Middle School Bharwari, Muzaffarpur and Bihar.

This camp was majorly conducted to keep a check whether there is any Myopia and Hypermetropia prevails amongst the youth or not. Also, basic checkup of eyes was done of total 155 men and women.

The major diagnosis was power in the eyes therefore; spectacles and medicines were provided to them accordingly.

Child and Mother Immunization Programme

Our healthcare programs were conducted in rural areas of Bihar and Jharkhand with a special focus on child's and mother's immunization.

Prayatna organized the immunization camps along with the awareness programs in rural areas of Deoghar, Muzaffarpur, Lakhisarai and Ghaziabad districts of Jharkhand, Bihar and Uttar Pradesh respectively.



Doctor checking up a child

Last year with this immunization drive, more than 700 mother and child were benefited in the mentioned remote villages. Our team also communicated about the importance of child and mother immunization to the women with the help of women volunteers and lady doctors.

Free health checkup camp

A 4-day free health checkup camp was organized in Muzaffarpur, Bhagalpur and Lakhisarai districts of Bihar by Prayatna.

Under this camp, a team of doctor did a general checkup for common diseases such as, diabetes, blood pressure, thyroid dysfunction, etc. This camp witnessed a total of 135 villagers who were assessed by the doctors. At the end, the patients were provided with free medicines and suggestions about preventive health measures.



Commencement of Health Check-up

SUSTAINABLE DEVELOPMENT

Prayatna believes in inclusive and environmental friendly growth to reduce poverty and bring prosperity for today's generation without compromising needs of future generations. For Prayatna, sustainable Development means application of resources in efficient & planned way to get long-term benefits for people and planet.

Agriculture training for Agronomy

Increasing population means that there has to be an increased focus on the primary sector. Agriculture as a concept has grown enormously. A decade or two back, it was associated solely with the production of basic crops. But in today's world, there are multiple technologies which have been introduced in the agriculture field. Therefore, Prayatna is continuously working to well equip the farmers with these technologies.



Activity and session with farmers

Prayatna arranged training programme on agriculture for agronomy to sensitize farmers about Sustainable agriculture practices, scientific agriculture methods, crop production and management of soil & farm land. The programme was organized in middle school Bharwari, Muzaffarpur in Bihar wherein, a total of 50 farmers attended this programme and were benefited with new techniques of farming.

ACTIVE CITIZENSHIP

With philosophy of active citizenship, Prayatna advocates citizen's roles and responsibilities in society and the surrounding environment. Many campaigns were organized such as, Right to justice Programme, Women Empowerment Programme and Youth meeting programme to educate young people about democratic values and skills. The purpose was to bring youths in nationalist mainstream and get them involved in democratic and nationwide activities.

Women Empowerment Programme

Women empowerment, at a state of anonymity, was not even considered as a part of economic boom. There is a stark difference in the employment rate of men and women. Women are dignified as a household caretaker, still not accepted by the society to work outside. Presently, the status of women's employment is at dismay and it is surrounded by pre-conceived stigmas of the society.



Session on Women Empowerment

Considering this, seminars on woman empowerment were arranged in different districts of Bihar and Jharkhand. The topic of discussion in these seminars were *conditions of marginalized women such as, poor, widow, isolated and deprived women in our society*. The purpose was to motivate the communities to stand up for the women and make some efforts to secure their livelihood and future. A total of 170 people were sensitized on this recurrent issue.

Youth Meeting Programme

Prayatna assertively stands to bring the spirit and flavor of nationalism in youths of India. The main purpose is to imbibe national leadership and values amongst the youth.

Therefore, Prayatna organized youth meeting programmes to spread the concept of unity in diversity. This year, a total of 4 youth leadership meeting programmes were organized in Ghaziabad (UP), Dumka (Jharkhand), Lakhisarai (Bihar) and Muzaffarpur (Bihar). The

participation of 123 youths was seen wherein;

they took the oath of national integrity. They were also inspired to assess problems and challenges in their own communities and work towards addressing the same.



Session with Youths

Right of Justice for poor people programme

Prayatna organized a programme on right of Justice for poor people at Muzaffarpur office. The topic of discussion was to ensure justice to poor by bringing reforms at social and economic factors and facilitate access to justice in practical and tangible sense. The basic idea was legal empowerment of citizens living in poverty. In this programme, 45 people participated actively and were benefited.



Gathering by underprivileged people

LIVELIHOOD

Prayatna make efforts to reduce poverty and also works to provide livelihood by bringing real improvements in people's lives. Our programmes aim to secure livelihoods and build capacity to eradicate poverty. We work to strengthen capabilities and opportunities to bring some change in the lives of deprived communities and also ensure sustainability at social and economic level.

Vocational Training Programme

Empowering women with sustainable livelihood is always a focus area of work for Prayatna. The aim is to create the sustainable avenues for the rural women and help them in getting livelihood opportunity. We believe that the keys to remove poverty are Skill Development, Capability Enhancement and Improvement of Living Standards with livelihood.

To empower women, Prayatna organized a drive to promote various micro-enterprises through self-help group in different parts of Bihar and Jharkhand. Under this drive, 100

BPL women were selected in 4 districts of Jharkhand and Bihar. The vocational training was provided in the area of stitching, tailoring, art and handicrafts for improving their confidence level and help them in getting livelihood opportunities.



Vocational Training Session with girls

FINANCIAL STATEMENT

PRAYATNA

VILL. + P. O. - BHARWARI (DARWARI), DIST. - MUZAFFARPUR (BIHAR)

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH 2016

EXPENDITURE	AMOUNT		I N C O M E	AMOUNT	
	Rs.	P.		Rs.	P.
To ESTABLISHMENT EXPENSES:			By Donation (As Certified)	202,176.00	
Honorarium	49,200.00		- Membership Fees	2,500.00	
Office Rent	14,400.00		- Miscellaneous Receipts	550.00	
Printing & Stationary	3,270.00		- Interest Received from Bank;		
Travelling & Conveyance	6,420.00		State Bank of India,		
Newspaper & Periodicals	1,095.00		Muzaffarpur		
Independence Day Celebration	1,345.00		A/c. No. 10058115091	217.00	
Republic Day Celebration	1,050.00		State Bank of India,		
Audit Fee	500.00		Muzaffarpur		
Telephone & Mobile Exp.	3,650.00		A/c. No.30134711191	54.00	271.00
Electric Expenses	3,500.00	84,430.00	- Excess of Expenditure over Income		
			transferred to Balance Sheet		25,402.13
PROGRAMME EXPENSES:					
Sharv- Dharm Pray Meeting	2,540.00				
Prerna Meeting	1,490.00				
Youth Meeting	3,760.00				
Rashtriya Apda Neunlikaran Prog.	4,765.00				
Agriculture Training for Agroman	3,895.00				
Eye Check-up Camp	4,670.00				
Health Check-up Camp	4,875.00				
Health Education Programme	5,760.00				
Exposure Visit of Women	4,640.00				
Right of Justice for Poor People	1,050.00				
Competition Programme for					
School Student	2,895.00	40,340.00			
OTHER ACTIVITIES EXPENSES:					
Panchayati Raj	4,530.00				
Women Empowerment	5,070.00				
Human Right Programme	4,765.00				
National Integrity	3,250.00	18,415.00			
V.T. FOR SEWING & KNITTING:					
Honorarium to Instructor	62,400.00				
Raw Materials	7,540.00	69,940.00			
Depreciation		17,774.13			
TOTAL:	<u>230,899.13</u>		TOTAL:	<u>230,899.13</u>	

Place : MUZAFFARPUR
Date : 24.06.2016



Rabhat Kumar
SECRETARY

For ARUN KUMAR SINGH & CO.
CHARTERED ACCOUNTANTS
Arjun Kumar Singh
(ARJUN KUMAR SINGH)
Partner
M. No. 055484